

Sleep Symptoms

Symptom	Yes	No
1. Do you have difficulty falling asleep, staying asleep or both?		
2. What keeps you awake <ul style="list-style-type: none">• Pain?• Thoughts?• Nightmares?		
3. Do you feel rested when you wake up in the morning?		
4. How long have these symptoms been occurring?		
5. What happens to your pain when you do not sleep well?		
6. Do you snore?		
7. Have you every stopped breathing in the middle of the night?		
8. Does your partner ever tell you that you stop breathing in the middle of the night?		
9. Is your pain worse or better in the morning?		
10. Does your mood affect your sleep?		